

Support for unpaid carers









 **Carer
Gateway**

An Australian Government Initiative

What is Carer Gateway?

Carer Gateway provides in-person, phone and online services and support to Australia's unpaid carers.

What services does Carer Gateway provide for carers?

-  **Coaching**
-  **Counselling**
-  **Respite care – emergency and planned**
-  **Peer support groups**
-  **Online skills courses**
-  **Tailored support packages**

How do I contact Carer Gateway?

By calling **1800 422 737** Monday to Friday, 8am-5pm, you can talk to a Carer Gateway service provider. Emergency respite is available 24 hours a day, seven days a week on the same number.

If you need information in a language other than English, call the Translating and Interpreting Service on **131 450**.

If you are deaf, or have a hearing or speech impairment, you can call the National Relay Service on **133 677**.

Online services and more information are available on the Carer Gateway website: **carergateway.gov.au**



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Connecting carers  to support services

